

Amador County Veterans Newsletter - June 16th, 2025

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FROM THE CHAPLAIN

An Old Soldier's Prayer

Build me a son, O Lord, who will be strong enough to know when he is weak, and brave enough to face himself when he is afraid; one who will be proud and unbending in honest defeat, and humble and gentle in victory. Build me a son whose wishes will not take the place of deeds; a son who will know thee... and to that to know himself is the foundation stone of knowledge. Build me a son whose heart will be clear, whose goal will be high, a son who will master himself before he seeks to master other men; one who will reach into the future, yet never forget the past. And after all these things are his, add, I pray enough of a sense of humor, so that he may always be serious, yet never take himself too seriously. Give him humility, that he may always remember the simplicity of true greatness, the open mind of true wisdom and the meekness of true strength. Then, I his father, will dare to whisper, "I have not lived in vain".

Amen.

QUOTE OF THE WEEK

"Alone we can do so little; together we can do so much!" – Helen Keller

"In the essence of June, find the rhythm of your soul dancing with the light of longer days." - Unknown

MILITARY HISTORY THIS WEEK

6/16/1864: Battle of Lynchburg, VA

6/17/1916: American troops under Gen. Pershing

marched into Mexico to get Pancho Villa.

6/18/1812: War of 1812 begins.

6/19/1778: Washington's troops left Valley Forge after

a winter of training to intercept the British force on its way to New York City.

6/20/1898: During the Spanish-American War on the

way to the Philippines to fight the Spanish,

the U.S. Navy cruiser Charleston seized

the island of Guam.

6/21/1945: The Battle of Okinawa ended. Japanese

forces on Okinawa surrendered to the

Americans

6/22/1942: A Japanese submarine shelled Fort

Stevens, Oregon, at the mouth of the

Columbia River.

VETERANS ADMNISTRATION

Why caregivers for Veterans should know CPR

It could save a Veteran's life
June 13, 2025 | Caregiver Support Program

More than 300,000 Veterans suffer a cardiac arrest each year—most often at home—and on average only 20% survive. However, immediate <u>CPR</u> (cardiopulmonary resuscitation) can double or triple the Veteran's chances of survival. If you're a Veteran's caregiver, that's why it's important for you to know CPR and how to use an automated external defibrillator (AED).

CPR works by manually pumping the heart to keep blood and oxygen moving to vital organs until medical help arrives. It's a simple technique that almost anyone can learn.

Likewise, an AED, when used quickly, can restart a heart that has stopped beating.

https://youtu.be/DBL2QIu5oec

Now is the best time to learn hands-only CPR. You never know when a Veteran in your life will need you the most.

https://youtu.be/xPusomUzX20?si=1Vqzv76kySPzKRwE

Do you know how an AED can save a Veteran's life? Watch this video and learn how this critical life-saving device can guide you through what to do during a medical emergency.

Hands-on training to save a life. VA offers hands-on, immersive sessions where you can learn and practice using CPR and an AED. Training is available at almost every medical VA medical center nationwide and it takes less than one day to complete.

Diana Loveland, a nurse and caregiver, had just received the training when her father-in-law went into cardiac arrest. She found him in his room not breathing and without a pulse. Her training kicked in immediately. She turned him over and started CPR while her mother-in-law called 911. She did compressions for nearly 15 minutes before paramedics arrived.

"I kept thinking, 'hard and fast, hard and fast!" said Loveland. Nine months later, her father-in-law has made a full recovery, and he is exercising regularly and feeling better than ever.

To enroll in CPR and AED training, call the <u>Caregiver Support Line</u> toll-free at 1-855-260-3274 or visit the <u>CSP Teams/Caregiver Support Team Locator</u>.

Emergencies are stressful, but training can give you a clear plan of action and reduce panic and uncertainty. You'll not only be more capable, but you'll also feel more capable.

GENERAL INFO

Sacramento VA Medical Center 10535 Hospital Way Mather, CA 95655-4200

Main phone: 916-843-7000 Mental health care: 800-382-8387

LINKS

June 2025 Veterans Benefits

Newsletter

May 2025 Veterans Benefits

Newsletter

April 2025 Veterans Benefits

Newsletter

Federal Benefits Guide (2025)

How to report a veterans death to VA

Million Veteran Program

PACT Act and your VA Benefits

Survivors Pension

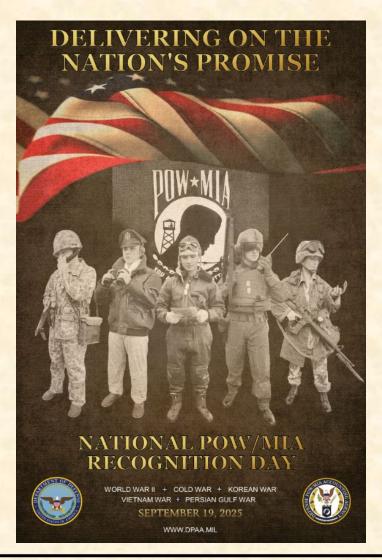
Women Veterans Care - Mather

Crisis Line. Veterans experiencing a mental health emergency can contact the Veterans Crisis Line by calling 988 and pressing 1. Veterans, service members or their family members can also text 838255 or visit veteranscrisisline.net for assistance.

POW/MIA

There are no reports of any POW/MIA Accounted For this week.

Note: It is our intent to host a small, open to the public commemoration of POW/MIA's on Friday, September 19th. We are putting together the details, but it will be a short event, most likely held at the Ione Veterans Memorial Hall with a time TBD. We further expect to have some light refreshments afterward.



POW/MIA UNACCOUNTED FOR



According to DPAA, as of June 12th, 2025, there remain:

World War II:	71910
Korea:	7416
Vietnam:	1571
Cold War:	126
Gulf War/Libya:	6
Total:	81056

Current Identifications By Conflict for FY 25 As Of June 21th, 2025

World War II	97
Korea	37
Cold War	0
Vietnam	3

AMADOR COUNTY VETERANS SERVICE OFFICER



Amador County
Veterans Service
Office

Will be

Closed

On the following Tuesdays:

June 10th-Training
June 16th-20th-

(Moving to Suite 100 and Training)

June 24th-Training

I apologize for any inconvenience this may cause.

Please leave a message at 209-223-6476

INFORMATION



Angela Sheble Amador County Veterans Service Officer 10877 Conductor Blvd., Ste. 700 209-223-6476

Email: asheble@amadorcounty.gov

Hours:

Mon, Tue, Wed (9-4)
by appointment
Thu (9-1) & (2-4) Walk-ins
Fri – No appointments

IONE MEMORIAL POST & AUX 8254

Action Corps Weekly - June 9th, 2025

Veterans Indicted in Puerto Rico Claim Shark Case: A federal grand jury in the District of Puerto Rico recently handed down a 49-count indictment against 10 individuals, including veterans, a VA employee, and unaccredited claims agents that the VFW calls Claim Sharks. They have been charged with defrauding the government to illegally obtain VA disability compensation benefits. The charges specify that the claims agents coached the veterans on providing false information during medical examinations and for submitting claims to obtain maximum disability compensation, while the VA employee routed these claims to his subordinates for adjudication. The VFW has been warning veterans over the past few years that THEY could be held liable for fraudulent activity of these Claim Sharks. Read more.

VA Foreign Medical Program Update: VA has announced that veterans who receive care through the Foreign Medical Program (FMP) will now receive reimbursement payments through direct deposit instead of paper checks. This applies only to payments made to U.S. bank accounts, but VA is working to add international bank accounts. FMP covers health care for service-connected disabilities and related conditions for veterans living or traveling abroad. Improvements to this program, including faster reimbursements, is a VFW priority. This change to direct deposit is a positive step. Read more.

Beware of VA Pension Poaching Scam: Fraudsters use a tactic called "pension poaching" in attempts to swindle veterans and survivors who are potentially eligible for VA pension benefits. A pension is an income-based benefit, and these bad actors pressure individuals to manipulate their assets or add unneeded home health care expenses to deceptively adjust their earnings to qualify. If caught illegally obtaining VA benefits, the pensioner, not the fraudster, would be responsible for repaying any improperly received amounts. Read more to arm yourself against this scam.

Post 8254.

- *Fireworks Sale*. The Post is participating in the annual IBCA Fireworks sale from June 28th to July 4th. If you are interested in volunteering some time, please contact Commander Rick.
- Purple Heart Day. The 5th Annual Commemoration will be held on August 7th at 10:00 AM in Plymouth. More info to come.
- We are looking for volunteers to make the Main Dish for the monthly meeting. If you have an idea for a certain month and would like to volunteer for the main dish only, please contact Rick or Dolores.



LINKS

National Website
Post Website
Post Facebook Page





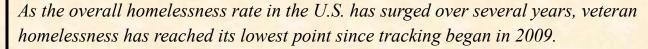
Post 8254 & Auxiliary
Dinner & a Meeting
Wednesday, July 9th
Dinner: 5:00 PM;
Meeting 6:00 PM Sharp
(Maximum done by 7:15)
215 S. Amador St., Ione
209-274-4956

<u>Meetings</u> are the 2nd Wednesday of the Month. Dinner starts at 5:00 PM with the meeting starting at 6:00 PM sharp. Our meetings **DO NOT** last more than one hour 15 minutes.

DAV CHAPTER 118

Veteran homelessness declines despite national surge

June 12, 2025 | DAV National Website.



The Point-in-Time (PIT) count measures the number of people, including veterans, who experience sheltered and unsheltered homelessness on a single night in January each year.

Data from the most recent PIT count showed that veterans were the only group that saw a decrease. The number of veterans experiencing homelessness dropped from 35,574 to 32,882—a nearly 8% decrease from 2023 to 2024.

One contributing factor in this continued decline is increased attention and investment toward addressing veteran homelessness, though targeted resources in specific areas remain critically important.

Department of Housing and Urban Development-VA Supportive Housing (HUD-VASH), Supportive Services for Veteran Families, Grant and Per Diem, and other programs have been instrumental in <u>helping veterans who are homeless</u> or at risk of homelessness.

If you are a veteran who is homeless or at risk of becoming homeless, please contact your nearest DAV service office at <u>benefitsquestions.org</u>.

Note (NOT related to the story just listed): I would also add that the mission of Victory Village is in large part of dealing with the homeless veterans, so that is another avenue to check if you find yourself as homeless or at risk of becoming homeless.



Meetings are held on the Third Thursday of the Month at 7PM at the Ione Veterans Hall, 207 S. Amador St..

Commander: Gareth Hall

LINKS

DAV Department Newsletter – Apr 25
DAV National Website
DAV Twitch Video Games
Veteran Caregivers

<u>Battle of Iwo Jima Veterans Share Reflections</u> <u>80 years later.</u>

Unraveling the mystery of VA rating math

AMERICAN LEGION - POST 108

Legion Twitter. We're urging support for the SAVES Act, which proposes a 5-year pilot program for VA to award grants to nonprofit orgs to provide trained service dogs to eligible #veterans, cover training costs & provide life-long veterinary insurance.

Too many veterans are left without the critical support they need to recover from the visible and invisible wounds of war. For those living with physical disabilities, PTSD, or other service-connected conditions, the lack of access to trained service dogs represents a major gap in care. It's time to close that gap.

The American Legion recognizes the profound impact service dogs have on veterans' lives. These dogs assist their companions with much-needed daily tasks, such as retrieving items, opening doors, and providing balance support, which are invaluable for veterans with mobility challenges. Moreover, service dogs can detect and respond to medical emergencies like seizures or panic attacks, offering an added comforting layer of safety and independence.

The American Legion supports H.R. 2605 and S. 1441, the Service Dogs Assisting Veterans (SAVES) Act, based on Resolution No. 134: Service Dogs for Injured Service Personnel and Veterans with Mental Health Conditions. We want to ensure that veterans have access to service dogs!

H.R. 2605 and S. 1441 both propose a five-year pilot program for the VA to award grants to nonprofit organizations to provide trained service dogs to eligible veterans, cover the cost of training, and provide life-long veterinary insurance.

By supporting the SAVES Act, The American Legion reaffirms its dedication to enhancing the quality of life for veterans through innovative and effective support mechanisms. We encourage all Legionnaires and supporters to contact their congressional representatives to advocate for the passage of H.R. 2605 and S. 1441.



Commander	Mike Green	209-267-9493
Riders	Pat Burkhardt	530-635-3878
Sons	Robby	916-990-4252
	Boughner	
Office	Kathleen Gast	209-267-9493
Hours	Tue, Wed, Thu	10 AM - 2 PM
	Dues	

Legion	\$50
Riders	\$30
Sons	\$10

Meetings.

- Post Meetings 1st Thursday 7:00 PM
- Riders: 2nd Monday, 6:30 PM
 Sons: 2nd Monday, 6:00 AM

2025 Blood Drives: June 2nd, August 4th, September 29th, and December 1st. As for 2025, the Blood Drives netted a total of f167 units of whole blood. Thank you Amador County!

Please call 877-258-4825 to make an appointment. Or you can donate your blood as a 'walk-in'. The Blood Drive will be held at the American Legion Hall.

<u>Karaoke</u>. Jack Magee will be hosting Karaoke on the third Saturday of each month from 7:00 PM to Midnight.

<u>Bingo</u>. Bingo will start up at the Legion Post on the Second Thursday of each month.

Links:

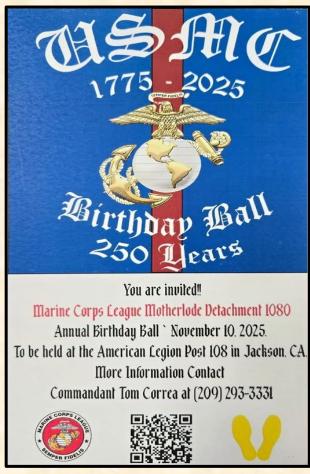
Be the One Program
Library & Museum
Scholarship Information

MARINE CORPS LEAGUE MOTHERLODE DET 1080

Marines with the <u>@22nd_MEU</u> prepare to take part in a tactical recovery of aircraft and personnel exercise aboard the U.S. Navy Wasp-class amphibious assault ship USS Iwo Jima (LHD 7) in support of Iwo Jima Amphibious Ready Group Marine Expeditionary Unit Exercise while underway in the Atlantic Ocean. During ARGMEUEX, the 22nd MEU, aboard IWO ARG shipping, conducts various mission-essential tasks that enhance operational readiness and lethality as a unified IWOARG/22 MEU team.





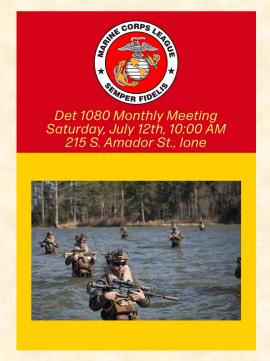




Links

<u>Marine Corps Website</u> <u>Marine Corps League Membership Application</u> <u>Marine Corps League Recommended Reading</u>

Next Meeting



Marine Corps Ball will be held November 10th at a new location – the American Legion Hall in Sutter Hill.

TRICARE

OTHER IMPORTANT CONTACTS

TRICARE Pharmacy Program

www.tricare.mil/pharmacy

Express Scripts, Inc.

https://militaryrx.express-scripts.com 877-363-1303 877-882-3324 (specialty prescriptions)

Dental Programs

www.tricare.mil/dental

TRICARE Active Duty Dental Program 866-984-2337 (CONUS)

844-653-4058 (OCONUS)

TRICARE Dental Program

844-653-4061 (CONUS) 844-653-4060 (OCONUS)

TRICARE For Life

www.tricare.mil/tfl 866-773-0404

Federal Employees Dental and Vision Insurance Program

www.benefeds.gov

Defense Enrollment Eligibility Reporting System

www.tricare.mil/deers https://milconnect.dmdc.osd.mil 800-538-9552

Contact the DMDC/DEERS Support Office to check your TRICARE eligibility or for help with eligibility-related issues.

For a complete list of TRICARE contacts, visit www.tricare.mil/contactus.



A Registered Nurse is Only a Call or Click Away!



Web Chat



Video Chat



Call (Visit the web to find your location-specific number.)

In the U.S., call 800-TRICARE (800-874-2273), option 1.

MHSNurseAdviceLine.com

Find your DOD benefits number on your ID card.



Links

DEERS INFO
TRICARE 101

TRICARE Costs & Fees Sheet
TRICARE Eligibility
TRICARE Health Matters Newsletter
TRICARE Overseas Travel
TRICARE West

TRICARE News

June 10: <u>Keep an Eye on Your Vision</u>

Health With TRICARE

June 5: Unlock Your Health: How to

Report Fraud and Abuse With

TRICARE

June 2: Your TRICARE Checklist for

Moving

May 29: Unlock Your Health: How To

Get Mental Health Care With

TRICARE

May 22: Learn About TRICARE

<u>Health Plan Options for</u> <u>Young Adults > TRICARE</u> Newsroom > TRICARE News

PTSD AWARENESS MONTH

PTSD TREATMENT WORKS

20 25

JUNE

June is PTSD Awareness Month

SPREAD THE WORD | RAISE AWARENESS

Sunday Monday Tuesday WEdnesday **Thursday Friday** Saturday 2 3 5 6 7 Like our Facebook Make the pledge to Use our image as Share resources like Download PTSD Listen and subscribe Get key information raise PTSD Awareness your Social Media the Veterans Crisis Coach or PTSD Family to the PTSD Bytes page on trauma, PTSD and Coach mobile apps podcast treatment profile pic 10 11 12 13 14 Learn about Step up and register Share our video about Learn about and Take an online course Share stories of PTSD explained in for our Virtual Walk PTSD symptoms on compare PTSD Veterans who have Medications for PTSD 4 minutes: watch or program social media treatment options heen there What is PTSD? 15 17 20 21 19 Juneteenth Share our social Practice mindfulness Follow us on X Learn about common Find a PTSD Learn ways to cope Read Understanding media posts reactions after therapist with racial trauma PTSD and PTSD Treatment trauma 22 23 24 25 26 27 28 Subscribe to our Share this photo on Hear what PTSD Learn how to talk Learn about PTSD Screening Day Learn about how Take the PTSD YouTube channel Instagram is like for family to a Veteran about evidence-based sleep affects PTSD Self-Screen members mental health care treatment 29 30 Subscribe to our Explore our website PTSD Update to learn even more about PTSD

THANK YOU FOR HELPING SPREAD THE WORD ABOUT

PTSD
AND EFFECTIVE
TREATMENTS
WWW.ptsd.va.gov







EIGHT WAYS TO MANAGE PTSD SYMPTOMS

- 1. <u>Get Treatment</u>. PTSD Treatment works! Compare options with the PTSD Treatment Decision Aid.
- 2. <u>Practice Mindfulness</u>. Reduce stress and improve well-being with Mindfulness Coach.
- 3. <u>Limit Alcohol Use</u>. Get support and cut back on drinking. Try VetChange.
- 4. <u>Improve your Sleep</u>. Get better quality sleep and tools to get your sleep back on track with Insomnia Coach.
- 5. <u>Build Coping Skills</u>. Learn about and manage symptoms that often occur after trauma with PTSD Coach.
- 6. <u>Plan Something Enjoyable</u>. Find and schedule activities that can help improve your mood with PTSD Coach Online tools.
- 7. <u>Control Anger</u>. Manage your temper and get support with the AIMS online program.
- 8. <u>Hear from Veterans</u>. Watch and read real stories of life with PTSD from Veterans who have been there.

SUMMER SAFETY – FROM THE AMERICAN RED CROSS

Water Safety

Every day, an average of 11 people die in the U.S. from unintentional drowning — and one in five of those are children 14 or younger according to the <u>Centers for Disease Control and Prevention</u> (CDC). The Red Cross wants everyone to know <u>critical safety knowledge</u> and skills that could save your life in and around the water. We encourage families to build confidence in the water by learning to be safe, making good choices, <u>learning to swim</u> and how to handle emergencies.

- Preventing unsupervised access to water, providing constant, active adult supervision and knowing how to swim are critical layers of protection to help prevent drowning.
- Classes to learn how to swim are available for both children and adults. Check the map for Learn-to-Swim providers in your community. Everyone should learn first aid and CPR too, so they know what to do in an emergency.
- Download the Red Cross <u>Swim app</u>, sponsored by The ZAC Foundation, for safety tips, kid-friendly videos and activities, and take the free Water Safety for Parents and Caregivers online course in <u>English</u> or in <u>Spanish</u>.
- It's best to swim in a lifeguarded area. Always designate a "water watcher" whose sole responsibility is to keep a close eye and constant attention on everyone in and around the water until the next water watcher takes over.
- Drowning behavior is typically fast and silent. Unless rescued, a
 drowning person will last only 20 to 60 seconds before
 submerging. Reach or throw, don't go! In the event of an
 emergency, reach or throw an object to the person in trouble.
 Don't go in or you could become a victim yourself. Test your
 knowledge!
- It only takes a moment. A child or weak swimmer can drown in the time it takes to reply to a text, check a fishing line or apply sunscreen. For additional information about staying safe while swimming in larger bodies of water like oceans or lakes, review our beach safety tips below.



Camping Safety

If a camping trip is in your plans, know the level of ability of the people in your group and the environment around you. Plan accordingly.

- Pack a first aid kit to handle insect stings, sprains, cuts and bruises and other injuries that could happen to someone in your group. Take a Red Cross First Aid and CPR course and download the First Aid app so that you will know what to do in case help is delayed. You'll learn how to treat severe wounds, broken bones, bites and stings and more.
- Sprains and falls are some of the most common misfortunes travelers may face. Falls are the biggest threat, many due to poor decision-making, lack of skill or not being properly prepared. Dehydration is also a danger. Plan ahead for these dangers.
- Share your travel plans and locations with a family member, neighbor or friend.
- Bring nutritious food items and water, light-weight clothing to layer and supplies for any pets.

2025 DATES TO REMEMBER

<u>Date</u>	<u>Event</u>	Time:	Location
Feb 16:	Liversedge/Iwo Jima Remembrance	11:00 AM	Volcano
Mar 15 & 16:	Dandelion Days		Downtown Jackson
Mar 22 & 23:	Capital Air Show		Mather Field
Mar 29:	National Vietnam War Veterans Day		
Apr 16-19:	Military Vehicle Show (MVCC)		County Fairgrounds
Apr 26:	Ione Walk for the Troops	11:00 AM	Ione Veterans Memorial Park
May 1:	Loyalty Day & Silver Star Service Banner Day		
May 3:	VFW National Day of Service		
May 8-11:	Ione Homecoming	21-2	Ione Main St./Howard Park
May 10:	Military Spouse Appreciation Day		
May 18:	Armed Forces Day		
May 19-20:	Veterans Homeless Resource Fair		Detert Park, Jackson
May 19-26:	Memorial Weekend Events		Various
Jun 6:	D-Day		
Jun 14:	Flag Day & Army Birthday		
Jun 21:	Ione Car Show & Chili Cookoff		Main St. Ione
Jul 4 & 5:	Independence Day & Volcano Car Show (5th)		Volcano (Car Show)
Jul 27:	Korea Armistice Day		
Jul 31 – Aug 3:	Amador County Fair	313 201	Plymouth Fairgrounds
August	Cootie Hospital Visit	TBD	Veterans Home Yountville
Aug 4:	Coast Guard Birthday		
Aug 7:	Purple Heart Day	10:00 AM	Plymouth
Aug 29:	79th Birthday – Post 8254	TBD	Post 8254
Sep 2:	Labor Day & V-J Day		
Sep 11:	Patriot Day Ceremony		Ione Fire Department
Sep 11-14:	MVCC Fall Show		County Fairgrounds
Sep 18:	Air Force Birthday		
Sep 19:	POW/MIA Recognition Day	TBD	Post 8254
Sep 29:	Gold Star Mother's Day & VFW Day		
Oct 7:	Start of Operation ENDURING FREEDOM		
Oct 13:	Navy Birthday		
Nov 3:	IVMP Shoot	9:30 AM	Camanche Hills
Nov 10:	Marine Corps Birthday Ball	5:00 PM	Sutter Creek
Nov 11:	Veterans Day Parade	10:00 AM	Main St. Jackson
Dec 7:	Pearl Harbor Day		
TBD:	IVMP Tree Lighting	7:00 PM	Ione Veterans Memorial Park
Dec 13:	National Guard Birthday		
Dec 13:	Wreaths Across America & Ione Xmas Parade	9:00 AM	Ione & Jackson
Dec 20:			

NOTES:

- 1. This is a living document subject to change as the events warrant...or corrections require. If text is red, that means it is a change from a previous copy.
- 2. Poppy Drives are held: May $23^{rd} 25^{th}$, July $1^{st} 3^{rd}$, August $29^{th} 31^{st}$, and November $7^{th} 9^{th}$, and November 11^{th} . All will be OUTSIDE OF WAL-MART from 8:00 AM to 2:00 PM.
- 3. <u>Unaccompanied Veterans</u>
 <u>Ceremony</u>. Held at 2:00 PM on the third Thursday of each month at the Sacramento Valley National Cemetery (Dixon) at Shelter 1.
- 4. <u>Blood Drives</u>. Getting the dates from the Legion, but the times are generally 11:30 AM 5:00 PM. In 2025, the remaining dates are June 2nd, August 4th, September 29th, and December 1st.
- 5. <u>Ex-USS LUCID (MSO 458) working</u> <u>parties</u> are on the 2nd and 4th Saturday of the Month.
- 6. <u>Kaiser Truck</u>. Visits Post 8254 on the 2nd and 4th Wednesday of the Month. Expected times are 9:00 AM to 3:00 PM.

Amador Veterans Reference Guide

Place	Name	Phone	Social Media or Website	E-mail
VFW/DAV	Rick Boughner	209-274-4956	www.facebook.com/vfw8254.org	Brady8246@sbcglobal.net
American Legion Post 108	Kathleen Gast	209-267-9493	www.alpost108amador.org	
Marine Corps League Det 1080	Rick Boughner	209-274-4956	www.facebook.com/MCLMotherlode	0311usmc8162@gmail.com
Ione Memorial Hall Rental	Megan Buchanan	209-274-0274		Hall Rental Info (Click Here)
County VSO	Angela Sheble	209-223-6476	Amador County Office CACVSO	asheble@amadorcounty.gov
Veterans Crisis Line:		988 (then press 1)	https://www.veteranscrisisline.net	
Caregiver Support Line:		1-855-260-3274		
Help for Homeless Vets:		1-877-424-3838		
Plymouth Vets Memorial Park:	Jim Wise			jwise@pacellp.com
Amador Interfaith Food Bank	Beth Stanton	209-267-9006	www.feedamador.org	bstanton@feedamador.org
CA Military Funeral Honor Program	CA NG HQ	916-616-6412		Nhut.t.le.mil@mail.mil

Office Hours

Legion Post 108 (Sutter Hill)	Kathleen Gast	Tue-Thu, 10:00 AM – 2:00 PM	209-267-9493
VFW, DAV, MCL (Ione)	Rick B.	Noon – 4:00 PM	209-274-4956
Amador County Veterans Service Office	Angela Sheble	Refer to CVSO Page	209-223-6476

Emergency Contacts

Ione PD:	209-274-2456	Sutter Amador Hosp	ital: 209-223-7500
Jackson PD:	209-223-1771	Amador Fire:	209-223-6391
Sutter Creek PD:	209-267-5646	Burn Day Hotline:	209-223-6246
Amador County Sheriff:	209-223-6500	American Red Cross	www.redcross.org
Amador County Jail:	209-223-6522	FEMA Disaster Assis	stance: Veterans disasterassistance.gov

Important Internet Resources

Amador County Emergency Info/Resources	<u>Fisher House – DGMC Travis AFB</u>	USS LUCID Project
California Department of Veterans Affairs	IRS Information for Veterans	VA Dental Information
California Veterans Resource Book	Marine Corps League Website	VA Disability Rates
DAV Death Benefits Guide	Military Order of the Purple Heart	VA Mather Website
Disaster Assistance for Veterans	National Archives for Veterans	Wood Angels
DOD Military One Source	National Park Service Benefits	Year-round veterans discounts
DPAA YEAR IN REVIEW 2024	Sew 4 Vets	
Exhale Farms	State Tax Information for Military Pay	
Federal Benefits For Vets, Dependents & Survivors	TRICARE	

UPCOMING COMMEMORATIONS

AUGUST 7TH



One of the bigger commemorations, this ceremony is open to the public. It is a brief event honoring Purple Heart recipients.

We expect to have a joint VFW/Legion Honor Guard, a performance from Prior National Auxiliary Soloist Juliet Kennedy.

SEPTEMBER 11TH



The annual commemoration put on by the Ione Fire Department, takes place at Ione Fire Department, Station One at 8:56 on September 11th.

This is a VERY short event which honors the victims and first responders of that day.

SEPTEMBER 19TH



This event has been reinstated here at the VFW Post in Ione.
There will be more details to come, but we will have a very brief remembrance, followed by some light refreshments.

UPCOMING EVENTS



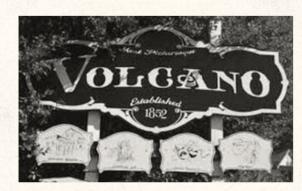
Registration is NOW OPEN for the 2nd Annual Ione Car Show! Bring your classic, custom, or one-of-a-kind ride to Main Street and be part of a hometown tradition that's growing fast!

- *EEE Saturday, June 21, 2025 | 9 AM 3 PM*
- Main Street, Downtown Ione
- **\$30** registration includes an official 2025 Car Show t-shirt
- m Deadline to register: June 1st
- *➢* Early check-in + Friday night mixer at Blue Stone Public House!
- Frap the link to register your vehicle and view the full itinerary.

 https://mvione.com/2025-carshow

Saturday, July 5th in Volcano...

Marine Corps League Det 1080 is part of the -



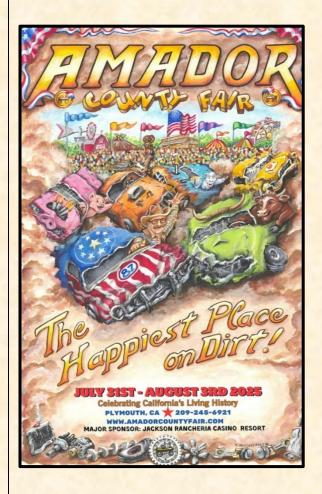
Volcano Car Show

July 5, 202

Car Show and Parade POC: Jack Magee

Downtown Volcano 9:00 AM (Parade) All Day (Car Show)

End of July... Amador County Fair



VETERANS CALENDAR – JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Jun 1 2	2	3	4	5	6	7	
			9 AM Kaiser Truck 🕏	7 PM Legion Mtg 🗘	D-Day ♂	10 AM ☑ MCL Mtg 💢	
					School Ends		
8	9	10	11	12	13	14	
	6 PM □ Sons Mtg		MCL State Convention (Clovis)				
	6:30 PM □ Riders Mtg		5 PM 🛱 8254 Mtgs			À Army B-day	
						Flag Day 🗘	
						iù LUCID WKG PTY	
15 16	16	17	18	19	20	21	
			VFW State Convention				
		9 AM Kaiser Truck	7 PM ♥ DAV Mtg 🕏		园Ione Car Show		
22	23	24	25	26	27	28	
VFW State Convention			Legion State Convention (Visalia)				
						LUCID WORKING PTY 🗘	
29	30	Jul 1	2	3	4	5	
Legion State Convention (Vi		8 AM VFW Poppy Distro			Independence Day 🔯	10 AM ₩ MCL Mtg 💢	
			9 AM Kaiser Truck	7 PM Legion Mtg 🕏	☐ Volcano Car Show		

As the schedule can attest, we have an ambitious schedule for the month of June and into the first week of July. In addition to our standard monthly meetings, we will have two events for Flag Day, and we also run up into convention season. Not listed on here is the fireworks booth for which we recently have assisted the IBCA in manning from June 28th through July 4th. If you have some time to volunteer, please contact Commander Rick Boughner.